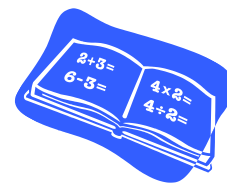


Fall 2011
Winning at Math Power Hours
For Expanding Mathematical Skills



The Student Academic Services Center (SASC) and the Department of Mathematics offer a series of seminars (a.k.a Power Hours) designed to help you excel in your math course. Visit any or all of the Power Hours for tips from professionals on increasing your success in your math class!

FREE PIZZA!!

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When	Where	POWER HOUR	WHAT YOU ARE REQUIRED TO BRING WITH YOU (if available)
Friday, August 26 th 5 – 6:30pm	FLMG 265	Managing Math Anxiety	Calendar or datebook with exam/paper due dates penciled in, office hour schedule
Monday, August 29 5 – 6:30pm	FLMG 265	Gearing Up For Calculus	Your course notes, textbook, homework assignment sheet, most recent homework assignment, office hour schedule
Wednesday, September 7 5 – 6:30pm	FLMG 265	Exam Preparation	Exam schedule, topics for next exam, review sheet, 3 most recent graded homework assignments, most recent graded quiz, textbook, practice exam
Tuesday, September 13 5 – 6:30pm	FLMG 156	Success Strategies	Your course notes, textbook, homework assignment sheet, most recent homework assignment, office hour schedule
Wednesday, September 21 5 – 6:30pm	FLMG 265	Problem Solving	Textbook, an assignment with at least one word problem, problem-solving strategy from class
Tuesday, October 4 5 – 6:30pm	FLMG 156	Exam Preparation	SEE ABOVE
Monday, October 10 5 – 6:30pm	FLMG 104	Success Strategies	SEE ABOVE
Tuesday, October 18 5 – 6:30pm	FLMG 156	Problem Solving	SEE ABOVE
Tuesday, October 25 5 – 6:30pm	FLMG 156	Exam Preparation	SEE ABOVE
Monday, November 7 5 – 6:30pm	FLMG 104	Problem Solving	SEE ABOVE
Wednesday, November 16 5 – 6:30pm	FLMG 244	Success Strategies	SEE ABOVE
Tuesday, November 29 5 – 6:30pm	FLMG 156	Exam Preparation	SEE ABOVE
Wednesday, December 7 5 – 6:30pm	FLMG 265	Managing Math Anxiety	SEE ABOVE
Additional Power Hours will be offered if requested. Each Winning at Math seminar counts as one McNeill Power Hour.			

DESCRIPTION OF POWER HOURS

GEARING UP FOR CALCULUS: This workshop gives strategies for coping with the fast pace of calculus, developing effective study habits, and thinking mathematically rather than formulaically.

SUCCESS STRATEGIES: Learn to make the most of math lecture and the textbook; learn strategies for better note taking and for maximizing your study effort!

MANAGING MATH ANXIETY: Learn what math anxiety is and ways to manage it. You will also analyze your learning channel and receive suggestions for each channel to better your success in math.

EXAM PREPARATION & TEST TAKING SKILLS: Learn how to organize and focus when studying for a math exam and optimize your performance!

PROBLEM SOLVING SKILLS: Make yourself the master of word problems – don't let them control you. Learn problem-solving techniques that will enhance your mathematical thinking skills!

Questions? Contact Elizabeth Tubac at Danson@colorado.edu