

CHECKLIST FOR PROTOCOL B5029

PRE-INTERVENTION

- Visit #1: REG PM, DRI
 - Visit #2: REG PM
 - Visit #3: REG PM
 - Visit #4: REG PM (1st UC)
 - Visit #5: REG PM, RDR, (2nd UC)
 - Visit #6: RB - NA EDUC, Admin. of NA Pills
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STARTING PART I INTERVENTION

- Week 1 - Visit #7: LOW NA PM, (3rd UC), RB – Cont. EDUC
- Week 2 - Visit #8: LOW NA PM, (4th UC), RB – Cont. EDUC
- Week 3 - Visit #9: LOW NA PM, (5th UC), RB – Cont. EDUC

PROVIDE 3-DAY FOOD DIARY

- Week 4 - Visit #10: LOW NA PM, (6th UC)
 - Week 4 - Visit #11: LOW NA PM, RB – DRA
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CROSS-OVER SODIUM / PLACEBO ADMINISTRATION - REMIND PHARMACIST -

STARTING PART II INTERVENTION

- Week 5 - Visit #12: LOW NA PM, (7th UC), RB – Cont. EDUC / RDR
- Week 6 - Visit #13: LOW NA PM, (8th UC), RB – Cont. EDUC
- Week 7 - Visit #14: LOW NA PM, (9th UC), RB – Cont. EDUC

PROVIDE 3-DAY FOOD DIARY

- Week 8 - Visit #15: LOW NA PM, (10th UC), RB – DRA
 - Week 8 - Visit #16: LOW NA PM
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PM = Post Meal

UC = Urine Collection

DRI = Diet Record Instruction

LOW NA PM = Low Sodium Post Meal

RB = Research Bionutritionist

NA EDUC = Sodium Education

DRA / RDR = Dietary Record Analysis / Review Diet Record

Checklist2 – B5029.doc

3.14.02
