

**UNIVERSITY OF COLORADO
RECREATIONAL SERVICES**

**2007-2008
INTRAMURAL
HANDBOOK**



CU INTRAMUALS
Make it Part of your Life!

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MISSION

The mission of The University of Colorado Intramural Program is to provide students, faculty, and staff with the opportunity to participate in a variety of competitive recreational sports in a safe environment; to promote and provide quality service and facilities; to promote healthy lifestyles, and wellness.

PROGRAM OPPORTUNITIES

The Intramural Program provides opportunities for men and women to compete in various skill levels against other students, faculty/staff members, graduate students, student groups, and recreational center members. The Intramural Program also offers the opportunity for men and women to play together in Co-Rec sports. Participants may choose to participate in individual, dual, or team activities.

Intramurals provides a healthy environment that promotes growth and development of leadership, social, and interpersonal skills.

CAPTAINS

Captains provide a very important link between teams and the Intramural Department. The successful flow of our program greatly depends on the abilities of the captains. Team captains' responsibilities include:

- Review the Intramural Handbook and becoming familiar with all procedures and policies.
- Turn a complete entry form with all participants' names, captains contact information, and full payment.
- Turn in completed waiver form to the Intramural Office before the first game.

- Maintain contact with the Intramural office. The Intramural office will communicate information via email such as schedules, tournament information, game cancellations, and additional game opportunities.
- Inform team about rules, eligibility, forfeit and sportsmanship policy, and games.
- Control team during participation.

ENTRY INFORMATION

Before turning in an entry, **the team captain must first take the registration form to the cashier to pay for the entry.** Once a receipt is obtained bring the receipt, your Buff OneCard, and entry form to the Intramural office. All entries and team rosters must be submitted on official intramural forms to the Intramural office during the designated registration period. The roster must have at least the number of field players per sport listed on the roster when the entry form and waiver is turned in to the Intramural office. Registrations will be taken on a first come first serve basis until the league is full. Only completed registrations will be accepted.

You cannot change your team name once the schedule is posted.

**When turning in an entry form, the team captain should fill out playing conflict form (days & times) if these conflicts should be considered when the Intramural office is making the schedule.

ELIGIBILITY

All **full** fee paying students and members of the recreation center are eligible to play intramurals. All participants must have their Buff OneCards at **every** game to check-in. **No Card =No Play!**

All players must fill out and return a waiver form before participating in any IM activities. Players only need to fill out one waiver per year.

Players may only play on one team per sport. However you may play on a Men's or Women's team and a Co-Rec team in the same sport. If a player is playing on more than one team, the second team that he/she is playing for could be dropped from competition and the player will be ineligible for the rest of the semester in that sport.

Players that are participating under an assumed name will be suspended from all Intramural sports indefinitely until he/she meets with the Intramural Coordinator. Minimum suspension is six school weeks. The team may also be dropped from competition.

Players may be added to the roster at the game site as long as they have their Buff OneCard with them and fill out waiver form. A player is not official on a roster until they play a game on that team. A player must play in one of the league play games to be eligible for the playoffs even if the name is on the original roster.

It is the player's responsibility to check-in for every game. Failing to check-in for a game is a violation of the rules. If a player fails to check-in they will not be recorded as playing and there is a possibility that the player may not be eligible for the tournament.

All teams qualify for tournament play except teams that forfeit, have two honest effort forfeits, and/or have below a 3.0 sportsmanship rating.

If a team is not able to field a full team during playoffs they may **petition to add players** to their roster. The team captain must fill out a petition form at the Intramural office. This must be done before the game is played and must be approved by the Intramural Coordinator or Assistant Coordinator.

Professional Athletes: Current professional athletes are not eligible to participate in their sport or any related sport. A professional player or athlete is defined as one who has received monetary compensation for his/her athletic services. Former professional players may participate in their sport if approved by the Intramural Coordinator.

Intercollegiate Athletes: Current intercollegiate athletes are not eligible to participate in their sport or any related sport. An intercollegiate athlete is any individual participating in intercollegiate contests attending regular practice, whose name appears on the official squad list, or who has won a letter at a recognized senior college. Varsity, red shirts, junior varsity players, and freshman are all considered intercollegiate athletes. You are considered an intercollegiate athlete for one entire school year unless you have been dropped from the squad before the first intercollegiate contest and no longer playing or practicing with the team.

Club Players: A member of a club sport is defined as a student who participated or practiced with the club during the current academic year. Intramural teams are limited to 3 club players per team in their specific sport or any related sport and they must play in the most competitive league.

LEAGUE PLAY

Reschedules: The Intramural office does not reschedule league play or tournament games once the schedule has been posted. If your team is unable to make a game please email the Intramural Office at imsports@colorado.edu. The Intramural Office will email your game out to all the other teams and if your game is picked up your team will not be credited with a forfeit. If your game is not picked up then your team is responsible for playing that game.

Any extra games picked up will count as a regular season game

Honest Effort Forfeits (HEF): An Honest Effort Forfeit will be given to a team if part of a team shows up and is able to participate in a scrimmage game. Each sport has a minimum number of players needed per sport to be given an honest effort. Any team that accumulates 2 Honest Effort Forfeits will not advance into the tournament.

Forfeits: A team will receive a forfeit if they do not have the minimum number of players needed for an Honest Effort Forfeit. Any team that forfeits their first game will be dropped from the league. Any team that forfeits their 2nd, 3rd, 4th, or picked up game will not qualify for the post season tournament.

Number of Players Needed for Each Sport

<i>Sport</i>	Players Needed	Players Needed to Start a Game	Number of Players for HEF	Number of players for a forfeit
Basketball	5	4	3	Less than 3
CoRec Basketball	5 <i>(At Least 2 of each sex)</i>	4 <i>(At Least 1 of opposite sex)</i>	3 <i>(At Least 1 of opposite sex)</i>	Less than 3 <i>(Or 0 of opposite sex)</i>
CoRec Broomball	5	4	3	Less than 3

	<i>(At Least 2 of each sex)</i>	<i>(At Least 1 of opposite sex)</i>	<i>(At Least 1 of opposite sex)</i>	<i>(Or 0 of opposite sex)</i>
CoRec Dodgeball	7 <i>(At Least 2 of each sex)</i>	5 <i>(At Least 1 of opposite sex)</i>	4 <i>(At Least 1 of opposite sex)</i>	Less than 4 <i>(Or 0 of opposite sex)</i>
Men's Football	7	5	4	Less than 4
CoRec Football	8 <i>(At Least 4 of each sex)</i>	6 <i>(At Least 2 of each sex)</i>	5 <i>(At Least 1 of opposite sex)</i>	Less than 5 <i>(Or 0 of opposite sex)</i>
Hockey (Open/A/B)	6	6	5	Less than 5
Hockey (C)	5	5	4	Less than 4
Indoor Soccer	6	5	4	Less than 4
CoRec Indoor Soccer	6 <i>(At Least 2 of each sex)</i>	5 <i>(At Least 1 of opposite sex)</i>	4 <i>(At Least 1 of opposite sex)</i>	Less than 4 <i>(Or 0 of opposite sex)</i>
Outdoor Soccer	8	6	5	Less than 5
CoRec Outdoor Soccer	8 <i>(At Least 2 of each sex)</i>	6 <i>(At Least 1 of opposite sex)</i>	5 <i>(At Least 1 of opposite sex)</i>	Less than 5 <i>(Or 0 of opposite sex)</i>
Ultimate	7	5	4	Less than 4
CoRec Ultimate	7 <i>(At Least 2 of each sex)</i>	5 <i>(At Least 1 of opposite sex)</i>	4 <i>(At Least 1 of opposite sex)</i>	Less than 4 <i>(Or 0 of opposite sex)</i>
Volleyball (Open/A)	4	3	2	Less than 2
Volleyball (B)	6	5	4	Less than 4
CoRec Volleyball(Open/A)	4 <i>(At Least 2 of each sex)</i>	3 <i>(At Least 1 of opposite sex)</i>	2 <i>(At Least 1 of opposite sex)</i>	Less than 2 <i>(Or 0 of opposite sex)</i>
CoRec Volleyball (B)	6 <i>(At Least 3 of each sex)</i>	5 <i>(At Least 2 of each sex)</i>	4 <i>(At Least 1 of opposite sex)</i>	Less than 4 <i>(Or 0 of opposite sex)</i>
CoRec Innertube Waterpolo	7 <i>(At Least 3 of each sex)</i>	5 <i>(At Least 1 of each sex)</i>	4 <i>(At Least 1 of opposite sex)</i>	Less than 4 <i>(Or 0 of opposite sex)</i>
Wiffleball	6	5	4	Less than 4
CoRec Wiffleball	6 <i>(At Least 3 of each sex)</i>	5 <i>(At Least 2 of each sex)</i>	4 <i>(At Least 1 of opposite sex)</i>	Less than 4 <i>(Or 0 of opposite sex)</i>

DIVISIONS

There are several skill level divisions offered per sport. Please choose the skill level that best represents your team's skill level. Both win/loss record and the supervisors' ratings will be used for team placement in the proper division for the tournament. Intramural Sports offers 4 different divisions based on ability –

Open League: Most competitive league and highly skilled players

A League: Competitive and skilled players

B League: Competitive but not as skilled players

C League: Recreational and beginning players

These divisions are offered for most Men's, Women's, and Co-Rec leagues.

Men must play in the Men's Division and women must play in the Women's Division.

CONDUCT & SPORTSMANSHIP

All Intramural participants are expected to display good sportsmanship and conduct. Any participant or spectator associated with attempts to commit, or aid others in committing, any acts of misconduct will be subject to disciplinary procedures by the Recreational Services. Severe cases of misconduct will be referred to the Dean of Students office for possible university action.

The use of alcohol, drugs, or tobacco products is not permitted before or during Intramural competition. Any participant or spectator under the use of drugs, tobacco, or alcohol will be asked to leave the premises. If the person does not leave willingly, CUPD will be called.

Any player that has been ejected from a game for any reason will result in immediate suspension from ALL Intramural participation. The ejected individual is responsible for contacting the Intramural Coordinator in order to set an appointment to discuss reinstatement. Call 303-492-1214 or email imsports@colorado.edu in order to schedule an appointment with the Intramural Coordinator.

Please remember that any ejection from an Intramural contest immediately suspends that player from all Intramural activities indefinitely until the matter is resolved by meeting with the Intramural Coordinator.

The following is a list of infractions and minimum suspensions:

Infraction	Minimum Suspension
Unsportsmanlike behavior	One game
Verbal abuse towards player	One game
Verbal abuse towards official	One game
Physical contact – pushing, grabbing, bumping	One game
Fighting – striking & swinging	Six academic weeks
Threatening verbal abuse towards an official	Six academic weeks
Threatening physical abuse towards an official	Six academic weeks
Individual playing under an assumed name	Six academic weeks
Individual playing on more than one team	One game

ALL TEAMS WILL BE GIVEN SPORTSMANSHIP RATINGS AFTER EVERY GAME. CAPTAINS MUST SIGN OFF ON THEIR RATING AFTER EVERY GAME

Sportsmanship Policy: Teams will be given sportsmanship ratings by the officials and scorekeepers after each game. The ratings are as followed:

4 - Excellent Conduct and Sportsmanship – Players cooperate fully with the officials and the opposing team’s members. The captain calmly converses with officials about rule interpretations and calls. The captain also has full control of his/her teammates. Teams that win by forfeit will receive a "4".

3 – Good Conduct and Sportsmanship – Team members verbally complain about some decisions made by the officials and/or show minor dissension, which may or may not merit a technical foul. Teams that receive 1 technical foul will receive no higher than a "3" rating.

2 - Average Conduct and Sportsmanship – Team shows verbal dissent towards officials and/or the opposing team, which may or may not merit a technical foul. Captain exhibits minor control over his/her teammates, but is in control of himself/herself. Teams receiving multiple technical fouls will receive no higher than a 2 rating. .

1 – Below Average Conduct and Sportsmanship – Teams constantly comment to the officials and/or the opposing team from the field and/or sidelines. The team captain exhibits little or no control over teammates and/or himself/herself. A team which receives an ejection can receive no higher than a "1" rating.

0 – Poor Conduct and Sportsmanship – Team is completely uncooperative. Captain has no control over teammates, and/or himself/herself. Any team causing a game to be forfeited, other than by not showing, or receives multiple ejections shall receive a "0" rating.

- A team that receives a "0" rating must have their captain meet with the Intramural Coordinator the following day to be eligible to play their next contest.
- A team must have a 3.0 average or better sportsmanship rating to be eligible to participate in playoffs.
- A team winning a contest by forfeit or honest effort forfeit will receive a "4" rating.

Sportsmanship Ratings During the Tournament:

- If a team receives a "0" rating they will be eliminated from the playoffs.
- If a team receives a "1" rating, the captain must come into the Intramural Office the following day to discuss the rating. A decision will be made as to whether the team will continue to participate in the playoffs. If they do continue in the playoffs, they must receive a "4" or "3" rating for remaining playoff games.

Teams that forfeit a game will get a rating of “0”.

Teams that are given an Honest Effort Forfeit will still be rated during their scrimmage.

PROTESTS & APPEALS

Judgment calls cannot be protested or appealed. Whenever a matter of a protest arises, the team captain must notify one of the officials and the opponents before the next live ball. If the protest is not lodged it voids the protest. Once the protest is noted, the official will suspend play. The captain will then state the basis of the protest. The official will then explain the basis of the decision. If the captain would like to appeal this decision he must request that the sport supervisor review the decision before play resumes. The supervisor will give the final decision.

For an eligibility protest contact the Intramural office within 24 hours. The following information must be provided:

- Date, time, place, and level of game
- Names of the teams
- Names of the ineligible player
- Reason why player is ineligible

The final decision will be made by the Intramural Coordinator.

AWARDS

Intramural Championship t-shirts will be awarded to all tournament winners in all leagues for individual and team sports. The number of t-shirts is limited to three shirts more than the number of players on the court/field. Additional shirts may be purchased.

EMPLOYEMENT OPPORTUNITIES

Intramurals hires student officials, scorekeepers, and supervisors. All students interested must attend all the training clinics provided by the Intramural program. No experience is required. Training focuses on rules of the games, mechanics, and on court situations. For more information please visit our website:

<http://www.colorado.edu/rec-center/intramurals/index.html>

RECREATION SERVICES

Phone:	303-492-7244
Email Address:	imsports@colorado.edu
Website:	http://www.colorado.edu/rec-center/intramurals/index.html

Recreation Director:	Gary Chadwick
Associate Director of Programs:	John Meyer
Intramural Coordinator:	Annie Mulvany
Assistant Intramural Coordinator:	Danielle Mutz