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Found Monday that $\hat{S}^2 = (\hat{S}_1 + \hat{S}_2)^2$ acts on uncoupled basis states $|m_1, m_2\rangle$ as: (spin $\frac{1}{2}$):

$$\hat{S}^2 |++\rangle = 2\hbar^2 |++\rangle \rightarrow |++\rangle = |1, 1\rangle_{\text{sym}}$$

$$\hat{S}^2 |--\rangle = 2\hbar^2 |--\rangle \rightarrow |--\rangle = |1, -1\rangle_{\text{sym}}$$

$$\hat{S}^2 |+-\rangle = \hbar^2 (|+-\rangle + |-+\rangle)$$

$$\hat{S}^2 |-+\rangle = \hbar^2 (|+-\rangle + |-+\rangle)$$

Built remaining eigenstates of \hat{S}^2, \hat{S}_z by:

$$|_{\text{asymm}}\rangle = \frac{1}{\sqrt{2}} (|+-\rangle - |-+\rangle)$$

$$|_{\text{symm}}\rangle = \frac{1}{\sqrt{2}} (|+-\rangle + |-+\rangle)$$

\swarrow $S=1$
 $m=0$

$$\text{So } \hat{S}^2 |_{\text{symm}}\rangle = \frac{1}{\sqrt{2}} \hbar^2 (|+-\rangle + |-+\rangle + |-+\rangle + |+-\rangle) = 2\hbar^2 |_{\text{symm}}\rangle$$

$$\hat{S}^2 |_{\text{asymm}}\rangle = \frac{1}{\sqrt{2}} \hbar^2 (|+-\rangle + |-+\rangle - |-+\rangle - |+-\rangle) = 0$$

\swarrow $S=0$
 $m=0$

$$\Rightarrow |1, 0\rangle = \frac{1}{\sqrt{2}} (|+-\rangle + |-+\rangle)$$

$$|0, 0\rangle = \frac{1}{\sqrt{2}} (|+-\rangle - |-+\rangle)$$

\leftarrow This state is unaffected by rotations! Try building a rotation operator and see effect on this & $S=1$ states.

The $S=1$ states are called "triplets"

The $S=0$ anti-symmetric state = "singlet"

This type of structure appears often in particle physics — other quantum #'s (like flavor) have spin-like algebra: π^+, π^0, π^- form an "isospin" triplet, u, d quarks a doublet, etc.

Notation here is that the direct product (uncoupled) basis is related to the direct sum of a singlet and triplet space:

$$\begin{array}{ccccccc} \frac{1}{2} & \otimes & \frac{1}{2} & = & 0 & \oplus & 1 \\ \uparrow & & \uparrow & & \uparrow & & \uparrow \\ \text{doublet} & & \text{doublet} & & \text{singlet} & & \text{triplet} \\ 2 & \cdot & 2 & = & 1 & + & 3 \end{array} \quad \checkmark$$

The "direct sum" space is a different beast — it's basically 2 vectors tacked onto each other to form a new vector with the sum of the 2 #'s of components:

$$\begin{pmatrix} a \\ b \end{pmatrix} \oplus \begin{pmatrix} c \\ d \\ e \end{pmatrix} \rightarrow \begin{pmatrix} a \\ b \\ c \\ d \\ e \end{pmatrix} \quad \text{while} \quad \begin{pmatrix} a \\ b \end{pmatrix} \otimes \begin{pmatrix} c \\ d \\ e \end{pmatrix} \rightarrow \left(\begin{array}{l} \text{something} \\ \text{with 6 components.} \end{array} \right)$$

Note that the two bases span the same Hilbert space:

$$\sum_{m_1, m_2} |m_1, m_2\rangle \langle m_1, m_2| = \sum_{s, m} |s, m\rangle \langle s, m| = 1.$$

So we can expand ~~either~~ any ket in either basis.

The transformation uses the matrix of Clebsch-Gordan coefficients: $\langle m_1, m_2 | s, m \rangle$ which we have already calculated:

$$\begin{array}{l} \langle ++ | 1, 1 \rangle = 1 \quad \langle +- | 1, 1 \rangle = 0 \quad \langle -+ | 1, 1 \rangle = 0 \quad \langle -- | 1, 1 \rangle = 0 \\ \langle ++ | 1, 0 \rangle = 0 \quad \langle +- | 1, 0 \rangle = \frac{1}{\sqrt{2}} \quad \langle -+ | 1, 0 \rangle = \frac{1}{\sqrt{2}} \quad \langle -- | 1, 0 \rangle = 0 \\ \langle ++ | 1, -1 \rangle = 0 \quad \langle +- | 1, -1 \rangle = 0 \quad \langle -+ | 1, -1 \rangle = 0 \quad \langle -- | 1, -1 \rangle = 1 \\ \langle ++ | 0, 0 \rangle = 0 \quad \langle +- | 0, 0 \rangle = \frac{1}{\sqrt{2}} \quad \langle -+ | 0, 0 \rangle = -\frac{1}{\sqrt{2}} \quad \langle -- | 0, 0 \rangle = 0 \end{array}$$

Now, move on to the more general case — this isn't trivial but for the first few j_1, j_2 values it is tractable. But there's a reason people tend to look the answers up in a table!

Two "particle" (or L, S of one particle) direct product basis:

$$|j_1 j_2 m_1 m_2\rangle = |j_1 m_1\rangle \otimes |j_2 m_2\rangle \text{ satisfies}$$

$$\hat{J}_1^2 |m_1 m_2\rangle = j_1(j_1+1)\hbar^2 |m_1 m_2\rangle \text{ where we're dropping } j_1, j_2 \text{ from the ket label since they never change.}$$

Total angular momentum basis:

$$|j_1 j_2 j m\rangle \rightarrow |j m\rangle = \sum_{m_1, m_2} |m_1 m_2\rangle \langle m_1 m_2 | j m\rangle \text{ satisfies}$$

$$\hat{J}^2 |j m\rangle = j(j+1)\hbar^2 |j m\rangle, \hat{J}_z |j m\rangle = m\hbar |j m\rangle$$

Note that we have a choice of phases — and there are different conventions out there! First, we choose all coefficients to be real. Remaining choice involves where — signs appear.

We showed last semester that the following bounds apply: Triangle inequality.

$$|j_1 + j_2| \cong j \cong |j_1 - j_2| \text{ Pick } j_1 \geq j_2 \text{ to avoid absolute value requirement.}$$

$$\therefore j_1 \otimes j_2 = (j_1 + j_2) \oplus (j_1 + j_2 - 1) \oplus \dots \oplus (j_1 - j_2)$$

Problem is to express each allowed $|j, m\rangle$ as a superposition of $|j_1, m_1\rangle \otimes |j_2, m_2\rangle = |m_1, m_2\rangle$ states.

Start from the top: $|j_{\max}, j_{\max}\rangle$. Since only one $|m_1, m_2\rangle$ can have the right $m_1 + m_2$, we can write this L-C coefficient trivially:

$$|j=j_{\max}, m=j_{\max}\rangle = |j_1, j_2\rangle \rightarrow \langle j_{\max}, m_{\max} | j_1, j_2 \rangle = 1. \text{ (phase free).}$$

Choose this phase to be 1. All other phases are now determined.

Now, consider the next state: $|j_{\max}, m_{\max}-1\rangle$.

$$\begin{aligned} \hat{S}_- |j_{\max}, j_{\max}\rangle &= \hbar \sqrt{(j_{\max}+j_{\max})(j_{\max}-j_{\max})} |j_{\max}, m_{\max}-1\rangle \\ &= \sqrt{2} \hbar |j_{\max}, j_{\max}-1\rangle \end{aligned}$$

But we want this in the uncoupled basis, so use $|j_{\max}, j_{\max}\rangle = |m_1=j_1, m_2=j_2\rangle$ and $\hat{S}_- = \hat{S}_{1-} + \hat{S}_{2-}$: (writing full direct product notation for clarity)

$$\begin{aligned} \sqrt{2} \hbar |j_{\max}, j_{\max}-1\rangle &= \hat{S}_{1-} |j_1, j_1\rangle \otimes |j_2, j_2\rangle + \hat{S}_{2-} |j_1, j_1\rangle \otimes |j_2, j_2\rangle \\ &= \hbar \left[\sqrt{j_1(j_1-1)} |j_1, j_1-1\rangle \otimes |j_2, j_2\rangle + \sqrt{j_2(j_2)(j_2-1)} |j_1, j_1\rangle \otimes |j_2, j_2-1\rangle \right] \\ &= \sqrt{2} \hbar \left(\sqrt{j_1} |j_1, j_1-1\rangle \otimes |j_2, j_2\rangle + \sqrt{j_2} |j_1, j_1\rangle \otimes |j_2, j_2-1\rangle \right) \end{aligned}$$

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So we can use the above equation to calculate $\langle j_{\max} j_{\max-1} | m_1 = j_1, m_2 = j_2 \rangle$
 and $\langle j_{\max} j_{\max-1} | m_1 = j_1, m_2 = j_2 - 1 \rangle$ — i.e. the second row
 of Clebsch-Gordan coefficients. We can keep lowering m
 until we reach $-j_{\max} \rightarrow$ this gives all $|j_{\max} m\rangle$ states.

How to lower j ? Consider state $|j_{\max-1}, j_{\max-1}\rangle$ i.e. top
 m state. $j_{\max} = j_1 + j_2$ as before. Now, what uncoupled basis
 states can contribute? All with $m_1 + m_2 = j_1 + j_2 - 1$.
 $|m_1, m_2\rangle = |j_1, j_2 - 1\rangle$ or $|j_1 - 1, j_2\rangle$.

We can build $|j_{\max-1}, j_{\max-1}\rangle$ out of these two states by
 following constraints:

- Must be normalized, real coefficients (convention)
- Must be orthogonal to $|j_{\max} j_{\max-1}\rangle$ which we calculated above
- Must have + sign on $m_1 = j_1$ ket (convention).

$$\text{so } |j_{\max-1}, j_{\max-1}\rangle = \sqrt{\frac{j_1}{j_{\max}}} |m_1 = j_1, m_2 = j_2 - 1\rangle - \sqrt{\frac{j_2}{j_{\max}}} |m_1 = j_1 - 1, m_2 = j_2\rangle$$

...and we can lower m using $\hat{S}_- = \hat{S}_- + \hat{S}_-$ to get the
 remaining m states.

Third column: Top state: $|j_{\max-2}, j_{\max-2}\rangle$: Is orthogonal to
 both $m = j_{\max-2}$ states (one from each of first two columns) and is a
 superposition of: $|m_1 = j_1, m_2 = j_2 - 2\rangle$ $|m_1 = j_1 - 2, m_2 = j_2\rangle$ $|m_1 = j_1 - 1, m_2 = j_2 - 1\rangle$.