20th Anniversary Year

Summer Program in the Alexander Technique

University of Colorado
Boulder, CO

Faculty
Barbara Conable returns for the anniversary year
Ed Bilanchone / James Brody

Course Dates: July 7-11, 9 a.m.-noon daily
Course Tuition: $400, $350 for students/seniors
One (1) graduate level credit is available for an additional fee
One day Intensive: July 12, 1-5 p.m.; $90
More information: brody@colorado.edu / www.

Barbara Conable is the author of *How to Learn the Alexander Technique* and the DVD *Move Well, Avoid Injury*, as well as several books about musicians' wellness available from GIA Publications, Chicago, including *The Structures and Movement of Breathing: A Primer for Choirs and Choruses*. She is founder of Andover Educators (www.bodymap.org), a network of music teachers dedicated to saving, securing, and enhancing musical careers with accurate information about the body in movement. Now retired from teaching, she continues to write, most recently the light opera *aMusement*, which is being composed by Lisa Marsh of Portland State University.

Ed Bilanchone maintains an active practice in the Washington, DC area, working with a diverse population that includes performers, athletes and chronic pain sufferers. He also has the distinction of re-educating injured body workers. With years of experience working closely with neurologists and psychiatrists he brings a keen interest in the brain/body connection to the Alexander Technique. He carries a certification to teach golf from the United States Golf Teachers Federation and has been granted permission to teach Tai Chi. Most recently, he became the director of "Smart Moves for Living," a multidisciplinary center for health in Alexandria, VA.

James Brody is the course coordinator. As an oboist, he has performed internationally and most recently with the renowned Takacs String Quartet. At CU, he teaches Alexander Technique courses in College of Music curriculum, coaches oboe and chamber music, and is Director of the Musicians' Wellness Initiative, a comprehensive, holistic program addressing the overall health and capability of student musicians. His co-authored textbook, *Rock and Roll, an introduction,* is published by Schirmer.