The Sleep and Development Laboratory offers opportunities for undergraduate students to gain research experience. The lab environment is academically stimulating yet friendly; thus, students feel comfortable asking questions and making suggestions. As undergraduate students, you are expected to appreciate that the research experience is an opportunity. It requires a serious commitment of your time and energy, as well as diligence, careful thought, intellectual curiosity, and creativity. You are also expected to conduct your responsibilities on time and communicate with your supervisor. As part of your experience, you will be mentored, work independently/as a group on projects/tasks, attend weekly lab meetings, and participate in department/laboratory colloquia and seminars. Our lab requires many hands helping to ensure our research is performed to the highest caliber. This means no one is “above” doing basic tasks such as cleaning, taking out trash, or running errands! In the end, you are expected to make significant contributions to the day-to-day and long-term success of the research program.

In particular to our lab, you must enjoy interacting with young children and their families. Such work requires multi-tasking, patience, creativity, respect, sensitivity, and the ability to “think on your toes!”

In order for you to have the highest quality experience and for the lab to benefit from your efforts, I ask only students with at least 2 years remaining at CU apply (individual circumstances are taken into consideration).

All students in the lab will volunteer for one semester, which serves as a way to evaluate the “fit” of the student to the lab and vice versa. If following this experience you are invited to continue in the lab, you may apply for research funds through the University UROP and/or BURST programs. You may also have the opportunity to register for course credit through IPHY independent study.

Please complete the following application and send electronically with your CV or resume to monique.lebourgeois@colorado.edu ASAP.

Many thanks for your interest in our research and laboratory. If you have any questions, do not hesitate to contact me.

Best,
Prof. Monique LeBourgeois
monique.lebourgeois@colorado.edu
Date____________________
Interested start date____________________
Name________________________________________________
Major________________________________________________
Class level (FR, SO, JR, SR, POSTBAC) __________________
GPA__________GPA in major____________________________
How many hours per week can you work (minimum 10)? _____
Are you available on Weekends?  Yes__   No__

Our research is performed primarily in the field (family’s homes); thus, it is important to know whether you may be able to contribute to transportation responsibilities. Do you drive?  Yes__   No__
Do you have access to or own a car?  Access__   Own__   None__

Please list up to 7 completed courses you think will be relevant to your work in the laboratory:
1. Course _____________________________  Grade ___
2. Course _____________________________  Grade ___
3. Course _____________________________  Grade ___
4. Course _____________________________  Grade ___
5. Course _____________________________  Grade ___
6. Course _____________________________  Grade ___
7. Course _____________________________  Grade ___

What personal skills and/or characteristics make you a good fit for the laboratory?

What do you want to gain from the research experience?

Many students want to gain research experience. Why are you interested specifically in the research performed by the Sleep and Development Laboratory?
What are your short-term plans (following graduation)?

What are your long-term career goals?

List 2 research questions you think would be important for the Sleep and Development Laboratory to pursue:

1.

2.

Imagine yourself sitting on the floor with a preschool child. You have no toys, books, TV, puzzles, or paper/colors. Your task is to engage the child. What would you do? What would you talk about?

If you had to entertain a preschool child for 20-30 minutes doing something that would help him/her to be relatively “still,” what would you do?