Abstract:
In this talk, we will provide an overview of the Body Project, including a brief history, evidence base, and selected intervention strategies. We also will discuss the emphasis on dissemination and implementation research within the broader context of clinical psychology. We will describe the integration of the Body Project to enhance experiential and service learning in the context of standard course curricula, and efforts to build collaborative partnerships within CU and Boulder Valley School District. We will present preliminary data on the implementation of the Body Project at CU and highlight initial work on extending the Body Project at Fairview High School.

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