

Check out some of the upcoming events happening in Smith Hall this week, and remember to save the date for the [Honors RAP Formal on Saturday, March 4th!](#)



CorePower Yoga

February 10, 17, and 24

CorePower South Boulder Studio

Meet in Smith at 2:00 pm Fridays this month to join us in a one hour class at CorePower Yoga! 20 spots are available each week, so be sure to sign up! Mats and towels are available there, or bring your own

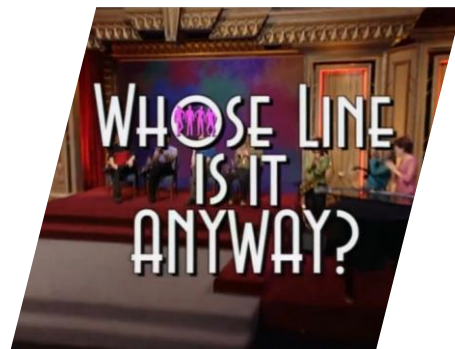


Smith Improv Night

February 7 at 7:30 pm

Smith Hall Lobby

Honors RAP does Improv! Come to Smith Hall Lobby on Tuesday night for some casual improv, no prior experience necessary!



Who is Your Biggest Hero?

By Chelsea Magyar

This semester, the *Smithsonian* is asking life's big questions. We started by asking freshman neuroscience and psychology major Nadine Salvador about her hero:

"My mother. I know that that sounds a little bit cliché, but. . . she did so much for me."

Nadine was born in Dubai. Six months later, her father passed away, and due to Dubai's legal system at the time, Nadine's mother would not have been allowed to take care of her. "My mom obviously didn't want that," said Nadine, "so she smuggled me out of the United Arab Emirates."

The two went to the Philippines and eventually ended up in the United States. "We got separated for four years. She [Nadine's mother] worked three jobs to be able to try to provide for me, and then she got me here to the United States. . . she's still my hero ever since."

Nadine and her mother share a very close relationship. "She's my best friend. I still call her. I still talk to her. She's the one I tell all of my secrets to because I know I can trust her. I can tell her anything."