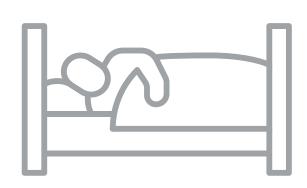
## HEALTHY HABITS TO PREVENT ILLNESS



Wash your hands for 20 seconds



Cover your nose and mouth when coughing or sneezing



**Stay home if you are sick** 



Call your medical provider if symptoms worsen