

Cold or Flu?

Symptoms

Sudden onset
Fever (over 100.5°F)
Headache
General aches/pains
Fatigue/weakness
Extreme exhaustion
Stuffy nose
Sneezing
Sore throat
Cough/chest discomfort

Cold

Rare
Rare
Rare
Mild
Mild
Rare
Common
Common
Common
Mild

Flu

Common
Common
Common
Common
Common
Common
Sometimes
Sometimes
Common
Common

For information about seeking medical attention or scheduling an appointment visit: www.colorado.edu/healthcenter

Stay healthy!



Wash your hands



Use hand sanitizer



Cover your cough

Wardenburg Health Center

www.colorado.edu/healthcenter

303.492.5101

Note: This is a health information resource. Talk to your provider if you have any concerns about your health.