

7 simple actions to impact global warming in your office today

CU has committed to significantly reduce our impact on climate change (also called global warming)- putting us in a position of national environmental leadership again. Each of us makes an impact and each of us can make a difference. Any time we reduce our energy usage, we are reducing our impact on climate change. And small actions add up.

- 1 Turn off lights when you leave a room. Don't use lights when there's good daylight** *It's easy to forget, so make it a habit*



- 2 Replace conventional bulbs with compact fluorescent bulbs**

*CFLs use 75% less energy and last 10 times longer! CU has FREE CFLs for your office**

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- 3 Turn off your computer, monitor and laptop at night and weekends** *Turning them on and off doesn't shorten the lifetime of present-day computers*



- 4 Set your computer, monitor and laptop to go to "sleep"**

Takes only a few seconds to set but reduces energy usage 90%. Don't use screensavers! They don't save energy, they use it.

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- 5 Recycle**

Making paper, aluminum, glass and plastic from recycled materials uses a lot less energy than making them from "virgin materials."



- 6 Turn office equipment completely off at night and weekends**

Even if they're in energy-saving mode they're still using some energy. And it adds up

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- 7 Set thermostats to 68° or below in winter and 75° or above in summer** *You probably won't notice a difference, but changing it even one degree makes a difference in energy*

Take more action!

Request an energy audit of your office or building. Checklists available at: <http://www.colorado.edu/conservation/EnergyAuditChecklists.html>
Go online to [Stop Energy Waste](http://www.colorado.edu/conservation/StopEnergyWaste) for more ways to cut energy waste in your office and home: <http://ecenter.colorado.edu/energy/stopwaste/>
Report energy or water waste on campus to the *Energy Conservation Hotline*: energyconservationhotline@fm.colorado.edu

* To request your free CFL, email Rob Hall, Environmental Center Energy Program Manager, at robert.hall@colorado.edu

