Every economic issue involves, on its most basic level, **individual choice**—decisions by an individual about what to do and what *not* to do. In fact, you might say that it isn’t economics if it isn’t about choice.

Step into a big store like a Wal-Mart or Home Depot. There are thousands of different products available, and it is extremely unlikely that you—or anyone else—could afford to buy everything you might want to have. And anyway, there’s only so much space in your dorm room or apartment. So will you buy another bookcase or a mini-refrigerator? Given limitations on your budget and your living space, you must choose which products to buy and which to leave on the shelf.

The fact that those products are on the shelf in the first place involves choice—the store manager chose to put them there, and the manufacturers of the products chose to produce them. All economic activities involve individual choice.

Four economic principles underlie the economics of individual choice, as shown in Table 1-1. We’ll now examine each of these principles in more detail.
Resources Are Scarce

You can’t always get what you want. Everyone would like to have a beautiful house in a great location (and help with the housecleaning), two or three luxury cars, and frequent vacations in fancy hotels. But even in a rich country like the United States, not many families can afford all that. So they must make choices—whether to go to Disney World this year or buy a better car, whether to make do with a small backyard or accept a longer commute in order to live where land is cheaper.

Limited income isn’t the only thing that keeps people from having everything they want. Time is also in limited supply: there are only 24 hours in a day. And because the time we have is limited, choosing to spend time on one activity also means choosing not to spend time on a different activity—spending time studying for an exam means forgoing a night at the movies. Indeed, many people are so limited by the number of hours in the day that they are willing to trade money for time. For example, convenience stores normally charge higher prices than a regular supermarket. But they fulfill a valuable role by catering to time-pressed customers who would rather pay more than travel farther to the supermarket.

Why do individuals have to make choices? The ultimate reason is that resources are scarce. A resource is anything that can be used to produce something else. Lists of the economy’s resources usually begin with land, labor (the available time of workers), and capital (machinery, buildings, and other man-made productive assets). A resource is scarce when the quantity of the resource available isn’t large enough to satisfy all productive uses. There are many scarce resources. These include natural resources—resources that come from the physical environment, such as minerals, lumber, and petroleum. There is also a limited quantity of human resources—labor, skill, and intelligence. And in a growing world economy with a rapidly increasing human population, even clean air and water have become scarce resources.

Just as individuals must make choices, the scarcity of resources means that society as a whole must make choices. One way for a society to make choices is simply to...
allow them to emerge as the result of many individual choices, which is what usually happens in a market economy. For example, Americans as a group have only so many hours in a week: how many of those hours will they spend going to supermarkets to get lower prices, rather than saving time by shopping at convenience stores? The answer is the sum of individual decisions: each of the millions of individuals in the economy makes his or her own choice about where to shop, and the overall choice is simply the sum of those individual decisions.

But for various reasons, there are some decisions that a society decides are best not left to individual choice. For example, the authors live in an area that until recently was mainly farmland but is now being rapidly built up. Most local residents feel that the community would be a more pleasant place to live if some of the land were left undeveloped. But no individual has an incentive to keep his or her land as open space, rather than selling it to a developer. So a trend has emerged in many communities across the United States of local governments purchasing undeveloped land and preserving it as open space. We’ll see in later chapters why decisions about how to use scarce resources are often best left to individuals but sometimes should be made at a higher, community-wide, level.

**Opportunity Cost: The Real Cost of Something Is What You Must Give Up to Get It**

It is the last term before you graduate, and your class schedule allows you to take only one elective. There are two, however, that you would really like to take: History of Jazz and Beginning Tennis.

Suppose you decide to take the History of Jazz course. What’s the cost of that decision? It is the fact that you can’t take Beginning Tennis. Economists call that kind of cost—what you must forgo in order to get something you want—the **opportunity cost** of that item. So the opportunity cost of the History of Jazz class is the enjoyment you would have derived from the Beginning Tennis class.
The concept of opportunity cost is crucial to understanding individual choice because, in the end, all costs are opportunity costs. Sometimes critics claim that economists are concerned only with costs and benefits that can be measured in dollars and cents. But that is not true. Much economic analysis involves cases like our elective course example, where it costs no extra tuition to take one elective course—that is, there is no direct monetary cost. Nonetheless, the elective you choose has an opportunity cost—the other desirable elective course that you must forgo because your limited time permits taking only one.

You might think that opportunity cost is an add-on—that is, something additional to the monetary cost of an item. Suppose that an elective class costs additional tuition of $750; now there is a monetary cost to taking History of Jazz. Is the opportunity cost of taking that course something separate from that monetary cost?

Well, consider two cases. First, suppose that taking Beginning Tennis also costs $750. In this case, you would have to spend that $750 no matter which class you take. So what you give up to take the History of Jazz class is still the Beginning Tennis class, period—you would have to spend that $750 either way. But suppose there isn’t any fee for the tennis class. In that case, what you give up to take the jazz class is the tennis class plus whatever you would have bought with the $750.

Either way, the cost of taking your preferred class is what you must give up to get it. All costs are ultimately opportunity costs.

Sometimes the money you have to pay for something is a good indication of its opportunity cost. But many times it is not. One very important example of how poorly monetary cost can indicate opportunity cost is the cost of attending college. Tuition and housing are major monetary expenses for most students; but even if these things were free, attending college would still be an expensive proposition because most college students, if they were not in college, would have a job. That is, by going to college, students forgo the income they could have made if they had worked instead. This means that the opportunity cost of attending college is what
you pay for tuition and housing plus the forgone income you would have earned in a job.

It’s easy to see that the opportunity cost of going to college is especially high for people who could be earning a lot during what would otherwise have been their college years. That is why star athletes often skip college or, like Tiger Woods, leave before graduating.

“How Much?” Is a Decision at the Margin

Some important decisions involve an “either-or” choice—for example, you decide either to go to college or to begin working; you decide either to take economics or to take something else. But other important decisions involve “how much” choices—for example, if you are taking both economics and chemistry this semester, you must decide how much time to spend studying for each. When it comes to understanding “how much” decisions, economics has an important insight to offer: “how much” is a decision made at the margin.

Suppose you are taking both economics and chemistry. And suppose you are a pre-med student, so that your grade in chemistry matters more to you than your grade in economics. Does that therefore imply that you should spend all your study time on chemistry and wing it on the economics exam? Probably not; even if you think your chemistry grade is more important, you should put some effort into studying for economics.

Spending more time studying for economics involves a benefit (a higher expected grade in that course) and a cost (you could have spent that time doing something else, such as studying to get a higher grade in chemistry). That is, your decision involves a trade-off—a comparison of costs and benefits.

How do you decide this kind of “how much” question? The typical answer is that you make the decision a bit at a time, by asking how you should spend the next hour.
Say both exams are on the same day, and the night before you spend time reviewing your notes for both courses. At 6:00 P.M., you decide that it’s a good idea to spend at least an hour on each course. At 8:00 P.M., you decide you’d better spend another hour on each course. At 10:00 P.M., you are getting tired and figure you have one more hour to study before bed—chemistry or economics? If you are pre-med, it’s likely to be chemistry; if you are pre-MBA, it’s likely to be economics.

Note how you’ve made the decision to allocate your time: at each point the question is whether or not to spend one more hour on either course. And in deciding whether to spend another hour studying for chemistry, you weigh the costs (an hour forgone of studying for economics or an hour forgone of sleeping) versus the benefits (a likely increase in your chemistry grade). As long as the benefit of studying one more hour for chemistry outweighs the cost, you should choose to study for that additional hour.

Decisions of this type—what to do with your next hour, what to do with your next dollar, and so on—are marginal decisions. They involve making trade-offs at the margin: comparing the costs and benefits of doing a little bit more of an activity versus doing a little bit less. The study of such decisions is marginal analysis.

Many of the questions that we face in economics—as well as in real life—involve marginal analysis: How many workers should I hire in my shop? At what mileage should I change the oil in my car? What is an acceptable rate of negative side effects from a new medicine? Marginal analysis plays a central role in economics because it is the key to deciding “how much” of an activity to do.

People Usually Exploit Opportunities to Make Themselves Better Off

One day, while listening to the morning financial news, the authors heard a great tip about how to park cheaply in Manhattan. Garages in the Wall Street area charge as
much as $30 per day. But according to the newscaster, some people had found a better way: instead of parking in a garage, they had their oil changed at the Manhattan Jiffy Lube, where it costs $19.95 to change your oil—and they keep your car all day!

It’s a great story, but unfortunately it turned out not to be true—in fact, there is no Jiffy Lube in Manhattan. But if there were, you can be sure there would be a lot of oil changes there. Why? Because when people are offered opportunities to make themselves better off, they normally take them—and if they could find a way to park their car all day for $19.95 rather than $30, they would.

When you try to predict how individuals will behave in an economic situation, it is a very good bet that they will exploit opportunities to make themselves better off. Furthermore, individuals will continue to exploit these opportunities until they have been fully exhausted—that is, people will exploit opportunities until those opportunities have been fully taken.

If there really was a Manhattan Jiffy Lube and an oil change really was a cheap way to park your car, we can safely predict that before long the waiting list for oil changes would be weeks, if not months.

In fact, the principle that people will exploit opportunities to make themselves better off is the basis of all predictions by economists about individual behavior. If the earnings of those who get MBAs soar while the earnings of those who get law degrees decline, we can expect more students to go to business school and fewer to go to law school. If the price of gasoline rises and stays high for an extended period of time, we can expect people to buy smaller cars with higher gas mileage—making themselves better off in the presence of higher gas prices by driving more fuel-efficient cars.

When changes in the available opportunities offer rewards to those who change their behavior, we say that people face new incentives. If the price of parking in Manhattan rises, those who can find alternative ways to get to their Wall Street jobs will save money by doing so—and so we can expect fewer people to drive to work.

One last point: economists tend to be skeptical of any attempt to change people’s behavior that doesn’t change their incentives. For example, a plan that calls on man-
ufacturers to reduce pollution voluntarily probably won’t be effective; a plan that gives them a financial incentive to reduce pollution is a lot more likely to work.

**Individual Choice: Summing It Up**

We have just seen that there are four basic principles of individual choice:

- **Resources are scarce.** It is always necessary to make choices.
- **The real cost of something is what you must give up to get it.** All costs are opportunity costs.
- **“How much?” is a decision at the margin.** Usually the question is not “whether,” but “how much.” And that is a question whose answer hinges on the costs and benefits of doing a bit more.
- **People usually exploit opportunities to make themselves better off.** As a result, people will respond to incentives.

So are we ready to do economics? Not yet—because most of the interesting things that happen in the economy are the result not merely of individual choices but of the way in which individual choices interact.