Nutrition

Explore Majors and Careers

What Can I Do With This Major:
- Athletics & Sports
- Education
- Healthcare Sciences
- Kinesiology
- Nutrition

Industry Overview:
- Dieticians & Nutritionists
- Nutrition Careers

Sample CU Majors:
- Pre-Health: Nutrition Details
- Explore Health, Life, & Natural Sciences

Prepare for an Internship/Job Search

CU Clubs/Organizations:
- CU Boulder Community Health
- Global Bridges Medical
- Globe Med at CU Boulder
- IPHY Nutrition and Health
- IPHY Student Groups

Sample Local Opportunities:
- Anschutz Health & Wellness Center
- Boulder Nutrition & Exercise
- Essential Nutrition
- Nutritionists in Denver
- Wardenburg Health Center

Professional Organizations:
- Academy of Nutrition & Dietetics
- American Nutrition Association
- American Society for Nutrition
- Colorado Academic of Nutrition & Dietetics
- National Association of Nutrition Professionals
- National Wellness Institute

Visit SOFO Student Groups Directory for Additional Clubs.

Broaden Your CU-Boulder Experience.
Start an Internship/Job Search

Search for Internships & Jobs:

Career Buffs, ASN Job Board, Dietitian Central, i Hire Nutrition, Nutrition Jobs, USDA Careers, Veteran Affairs Nutrition & Food Services

Visit Go Global for additional resources. Login to Careers Buffs to find internship and job postings from employers specifically seeking CU-Boulder students.

Adapt for a Changing World

Insider Advice & Trends:
This is a growing field given the growing incidence of obesity, heart disease, and other health-related issues with a large aging population. The fitness industry also helps to bolster this profession. Most Dietician positions require certification as a Registered Dietician (RD): BA/BS, plus a 6-12-month supervised practicum experience, and a national exam. Some RDs hold additional certifications in specialized areas of practice, including pediatric or renal nutrition, eating disorders, sports dietetics, weight management, nutrition support, and diabetes education.

Sample Employers Recruiting at CU:

CDE Office of School Nutrition
City and County of Denver
City Market
Colorado Department of Education Office of School Nutrition
Emergency Family Assistance Association (EFAA)
EveryDay Good Eating
EVOL Foods
Foodworks