Name:

Email:

Year in school:

How did you hear about CU Thrive:

Tell us a little bit about yourself and why are you interested in becoming a mentor?

Circle 3 attributes that describe your personality.

Encouraging  Friendly  Talkative  Funny  Laid Back  Serious  
Motivational  Life of the Party  Reserved  Quiet  Creative  
Dependable  Committed  Communicative  Good Listener  
Curious  Imaginative  Team Player  Flexible  Adaptable  Initiator  
Resourceful  Motivated  Cheerful  Logical  Independent  
Proactive  Self-reliant  Self-disciplined  Positive  Compassionate  

What is your favorite resource on campus? Why?
What are the top 3 things that a first year student should know by the end of first semester and how would you help to teach them?

What are your top 5 strengths from the StrengthsQuest Assessment? If you have not yet completed StrengthsQuest, please email strengthsquest@colorado.edu with your First and Last name, Student ID #, and reason for request (applying for CU Thrive Mentoring Program)

1. ___________________________________________
2. ___________________________________________
3. ___________________________________________
4. ___________________________________________
5. ___________________________________________

What strength of yours do you think would be most valuable to CU Thrive? Please explain a time in your life when you used this strength and felt it was helpful. Please answer on a separate sheet of paper (typed/double spaced) and attach to your application.

**Important Note:** It is mandatory that your are available to attend our two trainings on **Friday, August 25th & Saturday August 26th, 2017**. If you cannot attend these trainings, we cannot hire you as a mentor.

**CU Thrive is a year-long program for Mentors.** If you cannot commit to participating in this program for a year, we cannot hire you as a mentor.

**Please turn-in applications to Woodbury 109 by 5 pm, August 1st, 2017**