

# Strong convexity and Lipschitz continuity of gradients

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## Abstract

Collection of known results

**Lipschitz continuity of derivative or strong convexity of  $f$**  Nesterov's book Thm 2.1.5 and Thm 2.1.10. In the lines below, if  $L$  or  $\mu$  appears, then we are assuming the gradient is Lipschitz with constant  $L$  or  $f$  is strongly convex with constant  $\mu$ , respectively.

$$f(y) \leq f(x) + \langle \nabla f(x), y - x \rangle + \frac{L}{2} \|x - y\|^2 \quad (1)$$

$$f(y) \geq f(x) + \langle \nabla f(x), y - x \rangle + \frac{\mu}{2} \|x - y\|^2 \quad (2)$$

$$L^{-1} \|\nabla f(x) - \nabla f(y)\|^2 \leq \langle \nabla f(x) - \nabla f(y), x - y \rangle \leq L \|x - y\|^2 \quad (3)$$

$$\mu \|x - y\|^2 \leq \langle \nabla f(x) - \nabla f(y), x - y \rangle \leq \mu^{-1} \|\nabla f(x) - \nabla f(y)\|^2. \quad (4)$$

The left-most  $\leq$  above in the line for  $L$  really follows from the co-coercivity of gradients. The second result for  $\mu$  also requires  $f$  be continuously differentiable. This result is actually surprisingly strong, since it makes implicit use of the Baillon-Haddad theorem.

Of course we also have the definition of Lipschitz continuity:

$$\|\nabla f(x) - \nabla f(y)\| \leq L \|x - y\| \quad (5)$$

**Lipschitz continuity of derivative *and* strong convexity of  $f$**  By assuming both properties at once, we get (Nesterov, Thm. 2.1.12)

$$\langle \nabla f(x) - \nabla f(y), x - y \rangle \geq \frac{\mu L}{\mu + L} \|x - y\|^2 + \frac{1}{\mu + L} \|\nabla f(x) - \nabla f(y)\|^2. \quad (6)$$

**Firmly non-expansive operators** Let  $T$  be an operator (like a gradient) that is necessarily single-valued. Then it is **firmly non-expansive** if (Defn 4.1 Bauschke and Combettes' book)

$$\|Tx - Ty\|^2 + \|(I - T)x - (I - T)y\|^2 \leq \|x - y\|^2 \quad (7)$$

**Proposition 1** (Prop 4.2 in Bauschke-Combettes). *TFAE*

1.  $T$  is firmly non-expansive
2.  $I - T$  is firmly non-expansive
3.  $2T - I$  is non-expansive
4.  $\|Tx - Ty\|^2 \leq \langle x - y, Tx - Ty \rangle$  and from paper with Wajs,  $\|Tx - Ty\|^2 \leq \|x - y\|^2 - \|(I - T)x - (I - T)y\|^2$
5.  $0 \leq \langle Tx - Ty, (I - T)x - (I - T)y \rangle$

We say  $T$  is  $\beta$  **cocoercive** (or  $\beta$ -inverse **strongly monotone**) if  $\beta T$  is firmly nonexpansive (Defn 4.4). N.B. This is an unusual use of  $\beta$ : you might think  $\beta^{-1}$  is more natural, so do not confuse it!

Exercise 4.12: if  $T_1$  and  $T_2$  are both firmly nonexpansive, then  $T_1 - T_2$  is nonexpansive. N.B. while nonexpansiveness is closed under composition, firm nonexpansiveness is not!

Fact: the projector onto a closed convex set is firmly nonexpansive (Prop 4.8). More generally, all proximity operators are firmly nonexpansive (Prop 12.27). Even more generally, all resolvents  $T = (A + I)^{-1}$  are firmly nonexpansive iff  $A$  is monotone, and  $T$  has full domain iff  $A$  is maximally monotone.

Fact (corollary 16.16, Baillon-Haddad theorem). Let  $f$  be Frechet differentiable convex. Then  $\nabla f$  is  $\beta$ -Lipschitz continuous *if and only if*  $\nabla f$  is  $\beta^{-1}$  cocoercive; in particular,  $\nabla f$  is nonexpansive iff it is firmly nonexpansive.

**Monotone** A set-valued operator  $A$  is **monotone** if  $\langle x - y, Ax - Ay \rangle \geq 0$  (note: I use  $Ax$  to denote an arbitrary element of the set  $Ax$ ), and **strongly monotone** if  $A - \beta I$  is monotone, i.e.,  $\langle x - y, Ax - Ay \rangle \geq \beta \|x - y\|^2$ . See defn. 22.1. These notions can be localized to a subset  $C$ . Obvious fact: if  $f$  is **strongly convex** with constant  $\beta$ , then  $\partial f$  is strongly monotone with  $\beta$ . Vandenberghe's notes use "strongly monotone" (with  $A = \nabla f$ ) and "coercive" interchangeable.

Let  $T$  be a single-valued operator and  $A = T^{-1}$ . Then  $T$  is  $\beta$ -cocoercive iff  $A$  is strongly monotone with constant  $\beta$ .

Defn 11.10, coercive:  $f$  is coercive if  $\lim_{\|x\| \rightarrow +\infty} f(x) = +\infty$  and supercoercive if  $f(x)/\|x\| \rightarrow +\infty$  as well.