

## Academic Skills Workshops for September 2009

Day/Date	Workshop	Time	Location
Wednesday September 2	Getting Organized	11-12 pm	Willard 307
Wednesday September 2	Managing Your Time	1-2 pm	Willard 307
Wednesday September 9	Developing a Thesis	11-12 pm	Willard 307
Friday September 11	Get started on that research paper!	10:30-11:30 am	Willard 307
Friday September 18	Managing Your Time	11-12 pm	Willard 307
Monday September 21	Test Taking Strategies	11-12 pm	Willard 307
Monday September 21	Utilizing your Prof's Office Hours	1-2 pm	Willard 307
Wednesday September 23	Getting Organized	5:30-6:30 pm	Willard 233
Friday September 25	Developing a Thesis Statement	10:30-11:30 am	Willard 307
Monday September 28	Test Taking Strategies	11-12 pm	Willard 307
Monday September 28	Managing Your Time	12:30-1:30 pm	Willard 307
Wednesday September 30	Get started on that research paper!	11-12 pm	Willard 307

### **Workshop Descriptions:**

**Developing a Thesis:** Need help brainstorming your thesis statement for an upcoming paper? Attend this workshop for some guidance and leave with a solid statement and direction for your assignment. Bring assignment instructions and materials.

**Get started on that research paper!** Get some helping starting on an upcoming research paper. Bring your assignment and we will brainstorm together. Leave feeling a step ahead of the game and with a plan for completion.

**Getting Organized:** Are you sick of feeling disorganized? Are you feeling stressed out and chaotic? Join me for some realistic approaches to getting organized and staying organized.

**Managing Your Time:** Join this workshop to further develop your time management skills. We will assess your current strategies, discuss successful scheduling and explore choices that impact how we use our time. Bring class schedule, work schedule and planner.

**One on One:** Individual time spent with academic specialist. Please send me your request via email at [skills@colorado.edu](mailto:skills@colorado.edu) to schedule an appointment. Available Mondays/Wednesdays.

**Test Taking Strategies:** Could you improve your test taking skills? Do you experience anxiety before and/or during a test? We will discuss techniques that will help you feel confident for your next exam.

**Utilizing Your Prof's Office Hours:** Have questions or struggling in a class? This workshop will help you prepare to maximize your Professor's office hours.

**All workshops require students to sign up online, no walk-ins please.**

**To register for a workshop, go to:** <http://colorado.edu/sasc/services/workshops.html>

Questions? Comments? Other study skill needs? Contact Zoë Levitt at [skills@colorado.edu](mailto:skills@colorado.edu)